

Learning Style Preference Inventory

Name: _____ Date: _____ Grade: _____

This inventory will help determine your dominant learning style. By knowing this you can understand how you learn best

Often — 3	Sometimes — 2	Seldom — 1
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|----|---|---|---|---|
| 1. | I can remember the words to a song after hearing the song a few times . | 3 | 2 | 1 |
| 2. | I would rather read the directions myself instead of someone telling me the directions. | 3 | 2 | 1 |
| 3. | I can remember people's faces easier than I can remember their names. | 3 | 2 | 1 |
| 4. | I like to write things down to remember them. | 3 | 2 | 1 |
| 5. | I remember things better when I say them out loud a few times. | 3 | 2 | 1 |
| 6. | I need to take a lot of stretch breaks when I am reading or studying. | 3 | 2 | 1 |
| 7. | I remember what I see better than what I hear. | 3 | 2 | 1 |
| 8. | I would rather someone tell me the directions instead of me reading them. | 3 | 2 | 1 |
| 9. | I work well with my hands doing things like needlework, puzzles or using tools. | 3 | 2 | 1 |

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|-----|---|---|---|---|
| 10. | I can concentrate easily on visual tasks even with visual distractions around me. | 3 | 2 | 1 |
| 11. | I talk to myself when I am thinking. | 3 | 2 | 1 |
| 12. | I would rather work on a project than just think about it. | 3 | 2 | 1 |
| 13. | I can concentrate on something even with noises around me. | 3 | 2 | 1 |
| 14. | I can remember things better if I picture them in my head. | 3 | 2 | 1 |
| 15. | I like to hold things in my hands like pens and paper clips when I am studying. | 3 | 2 | 1 |
| 16. | I picture words in my mind to help spell them. | 3 | 2 | 1 |
| 17. | I am very good at sports. | 3 | 2 | 1 |
| 18. | I would rather listen to a story than tell a story. | 3 | 2 | 1 |
| 19. | I use my fingers when I am counting in my head. | 3 | 2 | 1 |
| 20. | I like to have music or background noise on while I am working on something. | 3 | 2 | 1 |
| 21. | I do well reading maps, charts or graphs. | 3 | 2 | 1 |

Learning Style Preference Inventory. Adapted from Fontana Unified School District

Learning Style Preference Inventory *Scoring*

Place the point value on the line next to its corresponding question number. Add the values of your scores under each heading.

VISUAL	AUDITORY	KINESTHETIC
2. _____	1. _____	4. _____
3. _____	5. _____	6. _____
7. _____	8. _____	9. _____
10. _____	11. _____	12. _____
14. _____	13. _____	15. _____
16. _____	18. _____	17. _____
21. _____	20. _____	19. _____
 Total Visual	 Total Auditory	 Total Kinesthetic
_____	_____	_____

Your highest score reflects your dominant learning style. No learning style is preferable to another. We all use all three daily. Understanding our strengths is the key to understanding how we learn best.

